



Rules for Threat Prevention

Create five rules to follow to prevent **cyber threats**. Each rule should be at least 3-5 words long.

1.

2.

3.

4.

5.

Mitigating Cyber Threats

Complete this worksheet based on what you learned about **VPN's**, **Password managers**, and **Two-Factor Authentication** (2FA).

1. What is a **VPN** and how does it help to protect against **cyber threats**?
2. What is a **Password manager** and how does it help to protect against **cyber threats**?
3. What is 2FA and how does it help to protect against **cyber threats**?

Closing Reflection

Complete the checklist to determine if you are practicing preventing **cyber threats** in your everyday life.

☐

Change my passwords to something different and unique as long as at least 12 to 20 characters. Make sure they are not all the same, and that they contain numbers and symbols.

☐

Set all my social media settings to “private.” Make sure none of your information is public.

☐

Update all my software to the latest version.

☐

Will not share any of my private information anywhere. Make sure you use nicknames and stay anonymous.

☐

Backup my computer files to an external storage device.

☐

Delete and avoid suspicious emails, and never click links provided in the suspicious emails.

☐

Limit the number of followers and friends I have on social media. Only follow and friend people you know.

☐

Avoid using public Wi-Fi (for example: McDonald’s Wi-Fi).

If there are items in the list you are not doing – why not? Do you think you will take these steps to ensure your online safety in the future?